



News & Updates for Patients and Families
July 2025

Welcome to Sound Beach Pediatrics Newsletter "Catch the Wave!"



Meet Our Team!

We are excited to share our first practice newsletter!. Here you will find updates on services, office policies and useful information to be active partners in your child's health.

Caring for your children is our passion!!

Let's Get Ready For The Summer: Hot Topics!

Oh My! Ticks!

Click the link below to read more about what to do about these little "summer friends"

Remember to scroll down to the end of the CDC page and use the TICK BITE BOT that can guide you about what to do if you get a tick bite.



[All About Ticks From The CDC](#)

Here Comes The Sun!

Summer it's here and with it, lovely warm days. It's good for children to enjoy being outside but it's more important that they do so safely.

Click below to learn some tips from the AAP on how to help keep your family safe from too much exposure to the sun's harmful rays.



[Sunscreen and Sunburns](#)

Screen Time!

Summer is a time with a lot of downtime!
That's a gift as most children do not have
enough of that in the year.

One of the greatest skills we can foster in
children is teaching them how not to think of
boredom as a negative thing and engage in
many other activities.



[Screen Free Time Ideas](#)

Contact Us:

Sound Beach Pediatrics
2001 W Main Street, Suite 132
Stamford, CT 06902

Phone: 203-363-0123
Fax: 475-619-9855

[Visit our Website](#)

Patient Portal:

You can send messages related
to non-urgent medical or
administrative matters. We will
respond within 2 business days.

[Log in to Portal](#)



Follow us on Instagram!

Disclaimer: this email is intended for informational use only. Please do not respond to this email

Sound Beach Pediatrics | 2001 W Main Street Suite 132 | Stamford, CT 06902 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email & social marketing for free!