



Daily Symptom Checker for COVID19+ Patients

Adapted from CDC Guidance

Date of Symptom Onset (or + Test If Asymptomatic): _____ (Day #0)

Check the symptoms that apply, on the days of isolation below.

Current CDC guidelines (12/27/21) support a [shortened isolation period](#) of 5 days.

Symptom	0	1	2	3	4	5	6	7	8	9	10
Fever (≥ 100.4 F)											
Chills											
Muscle or body aches											
Fatigue											
Congestion/runny nose											
Cough											
Sore throat											
Nausea or vomiting											
Diarrhea											
Headache											
New loss of taste/smell											

Call our office immediately for these symptoms: chest pain, shortness of breath, difficulty breathing, palpitations, severe lethargy

Please also contact our office if your child is experiencing symptoms of fever/chills/muscle aches/fatigue for 4 days or more or has consistently high fevers >102.5 F.

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